

Online Behavioral & Mental Health Services from PresenceLearning

Expand Your Service Options for Students with Social, Emotional, Behavioral, and Mental Health Needs

Why Online Behavioral & Mental Health Services?

With the rising demand for behavioral and mental health resources in the educational setting, many schools now use online services to supplement their existing programs. PresenceLearning provides access to high quality, certified mental health professionals, giving schools a flexible, effective, and affordable way to meet the needs of their students.

Online behavioral and mental health services solve the problem that many school districts struggle with, whether it's a lack of professional resources, heavy caseloads, high demand for evaluations, or budgetary constraints.

Numerous research studies and papers support online delivery of behavioral and mental health services. The benefits of online services for your school district or education agency include:

- Expanded capacity with access to highly qualified, certified mental health professionals
- More options for least restrictive environment service delivery
- Appeals to digital natives
- Provides anonymity to reduce negative stigma
- Flexible scheduling that works best for the student

How Does It Work?

Using the same evidence-based techniques as onsite professionals, PresenceLearning's mental health professionals use our secure, web-based platform to deliver sessions in a location of your choice. Services are provided live and online—either 1:1 with a student or in a small group—and include:

- Behavior interventions
- Mental health services
- A wide range of social-emotional and behavioral assessments



"I am pleased with the progress you have made with my student. Since he has started with you, he has made two new friends, participated in multiple sleepovers and is doing a great job with communicating. This is the most social progress he has ever made and he has been in social skills therapy since he was 6."

— Learning Coach of Virtual School Student

"I was observing the social skills class and it was AMAZING! The kids are LOVING IT! They are totally engaged. It is awesome to see... I seriously want to cry watching some of these kids having fun and doing AMAZING things that we NEVER would have expected in September."

— Special Ed Administrator



Solution Overview

The following table includes the most commonly requested online behavioral & mental health services offered by PresenceLearning.

Online Services	Overview	Sample Online Activities
Behavior Interventions	<ul style="list-style-type: none"> Implement behavior plans as stated on BIPs and IEPs 	<ul style="list-style-type: none"> Behavior ABCs Self-regulation activities Check in/check out Self-monitoring of behavior goals Individual or small group skill-building sessions, such as anger management and social skills
Mental Health Services	<ul style="list-style-type: none"> Empirically-supported, solution-focused treatment using specific interventions to address emotional difficulties Medicaid-reimbursable services for qualified students 	<ul style="list-style-type: none"> Cognitive restructuring Videos Games Relaxation techniques Self-monitoring/journal reflections Cognitive-Behavioral Therapy Grief counseling

What is Needed?

- Mac or PC with an up-to-date web browser
- High-speed internet connection
- Web camera (provided)
- A high quality USB headset with a microphone (provided)
- An appropriate location with good lighting

An active, onsite person may also be needed to assist with support or in emergencies, as needed.

Download our free ebook, **“Changing Minds: 5 New Ways to Tackle Tough Challenges in Behavioral & Mental Health Services”**.

plearn.co/bmh-ebook

Online behavioral & mental health therapy includes:

- Highly qualified, credentialed mental health professionals available to serve your students' needs, including:
 - Nationally Certified School Psychologists (NCSPs)
 - Licensed Mental Health Workers (LMHWs)
- Professionals with your state's certificates and/or credentials
- Access to specialized professionals who provide highly individualized care
- Accommodation of students one-on-one or in small groups, as specified on their IEP/BIP—including students from different sites
- Highly secure, online video-conferencing that adheres to both FERPA and COPPA privacy requirements
- An online library of tens of thousands of engaging activities, exercises, and interactive resources to motivate students and support progress toward goals

Learn More

For more information on the benefits of live, online behavioral & mental health services, please send an email to: schools@presencelearning.com.

PresenceLearning

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